



Friday 17th January
2025

The **CRANLEIGH CHRONICLE**

INCLUSION TEAM'S EDITION

MESSAGES

Welcome to another edition of our Inclusion newsletter.

We'd like to take a moment to celebrate our pupils' outstanding behaviour during this morning's fire drill practice. All children carried this out in absolute silence. You could have heard a pin drop!! Such an achievement further reminds us of the successes of our school.

SENDIAS is Surrey's free Special Educational Needs and/or Disabilities Information, Advice and Support service for children and young people aged 0 to 25 years with additional needs and/or disability, and their parents/carers. Along with us, they can be contacted for any impartial advice or support.

Have a lovely weekend.

Mrs Mills and Miss Meade
SENDCo and Assistant SENDCo

Every learner
matters.

And matters
equally.

This is
INCLUSION.

Dates for your diary

Visit to *U.K. Parliament* and meeting with MP Jeremy Hunt

Monday 20th January

Choir singing at the 'Primary Music Festival Come and Sing!'

Wednesday 22nd January

'Happily Ever After' reading workshop for Reception, Year 1 and Year 2

Monday 27th January

Safer Internet Day

Tuesday 11th February

Last day of term (normal finish time)

Thursday 13th February

Inset Day - no children

Friday 14th February

Trust Inset Day - no children

Monday 24th February

Children's first day back

Tuesday 25th February

All calendar dates can be found on our [website!](#)



Cranleigh C of E
Primary

D₂ O₁ N₁ T₁

R₁ A₁ I₁ S₁ E₁

Y₄ O₁ U₁ R₁

V₄ O₁ I₁ C₃ E₁

I₁ M₃ P₃ R₁ O₁ V₄ E₁

Y₄ O₁ U₁ R₁

A₁ R₁ G₂ U₁ M₃ E₁ N₁ T₁



Thrive offers a trauma-informed, whole school approach to improving the mental health and wellbeing of children.

Last year, we were proud to become an official Thrive Ambassador School.

As part of our Thrive journey, parents/carers play a crucial role in supporting our work. Here are some fun and engaging activities you can do with your child:

Memory Game

Choose 10 items.

Talk about them then cover them with a cloth.

How many can you remember?



Guess the Object

Take it in turns to close your eyes, and have an object placed in your hands.

Can you guess what it is?

Is it warm or cold?

How does it feel?

Describe it?



Paint your Face!

Real or imaginary, try painting your child's face! Use cotton wool balls or brushes. Then let them paint yours!! Go on, be brave!



Make your own Play Dough

Recipe:

- 2 Cups of Flour
- 2 Tbsp of Oil (any oil will do)
- 1/2 Cup of Salt
- 2 Tbsp Cream of Tartar
- 1 1/2 Cup Boiling Water
- Gel Food Colouring (Optional)



Method:

1. Pour 2 cups of flour into a large bowl.
2. Add 1/2 cup of salt.
3. Mix in 2 tbsp Cream of Tartar.
4. Add 2 tbsp of oil.
5. Pour in the boiling hot water. Be VERY careful because this makes the dough HOT!
6. Mix all the ingredients together until they form the dough. At this point, if you don't want to add any drops of food dye to your playdough, you're finished!
7. After it's cooled, to make several different colours of playdough, separate the dough into equal parts and roll it up into balls.
8. Now, punch out the middle of the ball to leave a little bowl for you to pour your gel food dye into.
9. Drip your gel dye into the bowls. This is a great time to mix dye colours if you want to make another colour.
10. Knead the dough until the dye is thoroughly mixed. This is VERY messy! If you don't want to stain your hands with the sticky mess, use gloves. Add your favourite playdough smells – extracts and essential oils that fit the colours you chose.

Invent a Secret Code

Create a secret code and write a message for your family to decode! See if they can figure it out, then challenge them to invent a code for you to crack.

You Will Need:

- Pencil for making notes and writing messages
- A split pin
- Scissors
- Cipher wheel templates



Step 1

Cut out the templates.

Step 2

Put the small circle with the letters on it on top of the larger one, lining up the letters. Insert the split pin through the centre to hold them together securely.

Step 3

Turn the smaller wheel, so that each letter lines up with a different letter on the larger wheel.

Step 4

Create your secret message. For each letter, write down the letter on the smaller wheel that appears directly beneath it.

**CREATE YOUR
OWN SPY WHEEL
BY CLICKING HERE!**



S T R I V E

F O R

P R O G R E S S

N O T

P E R F E C T I O N



Faith

"Give thanks to the LORD, for he is good; his love endures for ever."

Psalm 107:1 (NIV)



Our Thankfulness Jar is filled with wonderful examples of our children expressing their gratitude. From appreciating family and friends, to enjoying school, the jar is filled with heartfelt acknowledgements.

Next time you're in school, please feel free to write a note for our jar!

A₁

J₈ U₁ G₂

F₄ I₁ L₁ L₁ S₁

D₂ R₁ O₁ P₃

B₃ Y₄

D₂ R₁ O₁ P₃



This week at Cranleigh

On Wednesday, the Police Youth Team visited Year 4 to discuss community safety, positive choices, and their role in supporting young people. Pupils had a great opportunity to learn and ask questions, and try on some handcuffs!! The school is going to be working very closely with the youth team going forwards.

More info to follow!





THIS WEEK AT CRANLEIGH

Well done to the KS2 pupils who attended Glebelands School for a dodgeball tournament on Wednesday! They did so well, tried their hardest, and had great fun representing the school. **Don't forget**, we now run an after-school dodgeball club every Wednesday!





This week at Cranleigh

Year 4 had their first **Toot** lesson yesterday taught by a specialist music teacher, and these will be happening weekly from now on. Our pupils had fun learning new skills on this beginner-friendly wind instrument, which is great for building musical confidence and coordination.



SURREY ARTS
ENGAGING. CREATING. INSPIRING

D₂ R₁ E₁ A₁ M₃ S₁

D₂ O₁ N₁ T₁ W₄ O₁ R₁ K₅

U₁ N₁ L₁ E₁ S₁ S₁

Y₄ O₁ U₁

D₂ O₁

Discover the UK Parliament!

What is the UK
Parliament?

What is the House
of Commons?

What happens
at an election?



OUR EDUCATIONAL VISIT TO *THE HOUSES OF PARLIAMENT*

We are so excited to be visiting the Houses of Parliament on Monday with some of our Key Stage 2 pupils!

There is an excellent educational pack available for children, packed with useful information.

Please click [HERE](#) to read it and learn all about democracy and the U.K. Parliament.



THE RT HON JEREMY HUNT MP

In December, we emailed [Jeremy Hunt](#) to invite him to meet us in Parliament on Monday and to visit our school.

We're delighted to share that he has accepted both invitations.

This will be a fantastic opportunity for him to meet some of the youngest members of his constituency, and for us to share the successes of our wonderful school.

D₂ O₁ N₁ T₁

C₃ R₁ Y₄

B₃ E₁ C₃ A₁ U₁ S₁ E₁

I₁ T₁ S₁

O₁ V₄ E₁ R₁

S₁ M₃ I₁ L₁ E₁

B₃ E₁ C₃ A₁ U₁ S₁ E₁

I₁ T₁

H₄ A₁ P₃ P₃ E₁ N₁ E₁ D₂

Congratulations!

House Points

Pioneers

843

Explorers

816

Discoverers

894

Adventurers

797

CLASS	STAR OF THE WEEK	HEADTEACHER'S AWARD	House point winners
Robins	Mary-Kate	Ellis	Ellis, Lola, Georgie
Sparrows	Casey	Cole	Austin, Casey, Sebastian
Owls	Tommy	Elizabeth	Madison, Nicole, Clara
Swans	Hashim	Leanne	Lukian, Rose, Adam
Kingfishers	Jasper	Vinnie	Tracy, Mary, Layla
Herons	Jax	Esther	Husna, Lilou, Raf
Cranes	Hania	Savannah	Alex, Dexter, Simon

Weekly Attendance Winners

RECEPTION

YEAR 4

YEAR 5



B E

S O G O O D

T H E Y

C A N T

I G N O R E

Y O U

Years 1, 2, 3 and 4 Common Exception Words

Aa accident accidentally actual actually address after again although answer any appear are arrive ask	business busy by Cc calendar caught centre century certain child children Christmas circle class climb clothes cold come complete consider continue could Dd decide describe different difficult	disappear do door Ee early earth eight eighth enough even every everybody exercise experience experiment extreme eye Ff famous fast father favourite February find floor forward forwards	friend fruit full Gg go gold grammar grass great group guard guide Hh half has he heard heart height here his history hold hour house	Ii I imagine important improve increase interest is island Kk kind knowledge Ll last learn length library love Mm many material me medicine mention mind minute	money most move Mr Mrs my Nn natural naughty no notice Oo occasion occasionally of often old once one only opposite ordinary our Pp parents particular	pass past path peculiar people perhaps plant poor popular position possess possession possible potatoes pressure pretty probably promise prove pull purpose push put Qq quarter question Rr recent regular reign remember Ss said says school sentence separate she should so some special steak straight strange strength sugar suppose sure surprise Tt the there	therefore they thought through through to today told Vv various Ww was water we weight were where who whole wild woman women would Yy you your
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Common Exception Words

We have added each year group's Common Exception Words to the class pages on our website.

These are words that do not follow the standard phonetic rules of the English language and cannot be easily sounded out. They are taught as part of the National Curriculum and all children should learn to read and write these.

Please speak to your child's class teacher for further information.

T, R, E, A, T,

Y, O, U, R, S, E, L, F,

A Face in the Trees Competition

Congratulations to Fynley in Year 3 and Davut in Year 5 for winning the 'A Face in the Trees' competition!

Thank you to the Knowle Park Trust who presented them both with their certificates today.

We cannot wait to see their creations in wood around Easter time!



N E V E R

L E T G O

O F Y O U R

D R E A M S



Safeguarding Contacts

If you have any concerns regarding a child, please ask to speak to one of our safeguarding team below straight away:

K. Pelazza: Headteacher / Designated Safeguarding Lead (DSL)

J. Mills: SENDCo / Deputy Designated Safeguarding Lead (DDSL)

K. Meade: Assistant SENDCo / Deputy Designated Safeguarding Lead (DDSL)

T. Church: Thrive Practitioner / Deputy Designated Safeguarding Lead (DDSL)

The Good Shepherd Trust [contacts](#)

The [NSPCC](#) and [Ambitious about Autism](#)'s [guide](#) for parents of children with SEND to help talk about online safety.

Helping your child with cyberbullying in games



Bullying that happens online is called **cyberbullying**



Playing games online should be a fun activity for kids.



Children can connect with friends and learn new skills.



But sometimes your child might find other players online who are unkind.



Making someone lose a game on purpose.



Stealing another player's virtual currency.



How you can help: Show your child how to report, block and leave a game.



Help your child choose a unique password.



Before your child plays a new game check the safety settings you can switch on.



You should aim to change your password every 3-6 months.



We suggest only letting your child play games with people they know.



Remind your child to never share any personal information with players on the game.



Check if your child can set up their own private game or server.



Remind your child that sometimes a person might pretend to be kind and offer to help in a game to gain access to the child's account.

WHAT

WE

THINK

WE

BECOME



Jewellery at School

A polite reminder that only the following items of jewellery are permitted at school:

- **One pair of stud earrings**

The following items are **NOT** allowed for health & safety reasons:

- Smart watches
- Hoop earrings
- Bracelets
- Necklaces



Children will be asked to remove the aforementioned items if they come to school wearing them.

All children with shoulder-length hair or longer shoulder also have it tied back for school please.

K₅ E₁ E₁ P₃

C₃ A₁ L₁ M₃

A₁ N₁ D₂

H₄ U₁ G₂

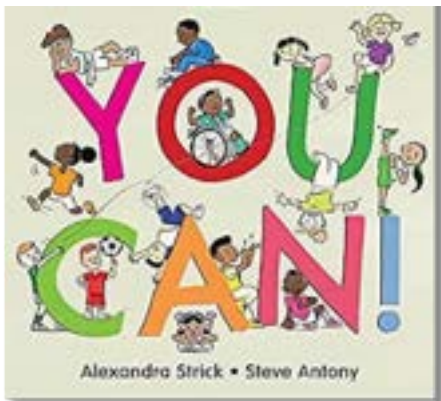
A₁ T₁ R₁ E₁ E₁

BOOKS TO HELP EXPLORE EMOTIONS



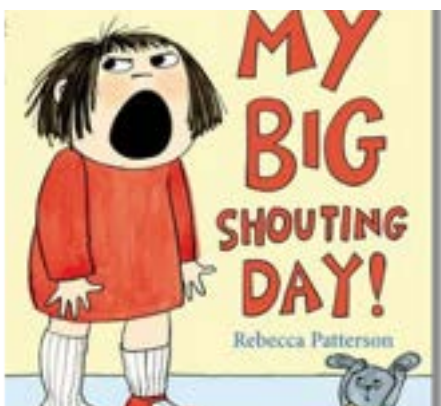
Green

Ed is so excited winter is here, because snow means he can go sledging! But something inside him wants his sledge to be absolutely perfect, and the more he works the more the snow melts. A gentle and beautiful book about feelings for kids that addresses anxiety, perfectionism and holding yourself to too high a standard.



You Can!

This picture book, based on children's own words, celebrates their growth and unique potential. Each page highlights a different year in their lives, showcasing individual skills, passions, and journeys.



My Big Shouting Day!

Everyone has a bad day now and again, especially Bella in this funny, reassuring book about feelings. From broken eggs to sore feet, nothing goes right for her. Thankfully, Mum offers cuddles and a bedtime story, reminding Bella that tomorrow will be better. A lively story that both little ones and grown-ups will relate to.

Check out more mental health and well-being books [HERE](#).

DO

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YOU

AND

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Comm
Not

CHILDREN'S WELLBEING PRACTITIONERS

Who
are
you?



Ella



Clair

What do
you do?

We offer short-term evidence based cognitive behavioural support for children and young people struggling with mild-moderate mental health difficulties. We work towards goals in our sessions and can offer work at your child's school or online.

What can
you help
with?

Because of the structured nature of our interventions they may not be appropriate for everyone. They work especially well for low mood and anxiety (including separation anxiety, phobias, school avoidance and excessive worry.) They are less well suited to those who think they do not have a difficulty, have a formal diagnosis of autism or a moderate/severe learning difficulty, those who have a high level of risk, or those receiving an intervention from another professional

Parents, young people, or teachers can refer by emailing the secure email address rxx.sabpcwpsw@nhs.net

How do I
refer?

Comm
Noti



Changing childhoods.
Changing lives.



Cygnet in Surrey

A support programme for parents and carers of children and young people, aged 5-18, who are autistic.

Parents of autistic children face the usual positives and challenges of parenting and quite a few more. Attending a Cygnet autism support programme gives parents and carers an opportunity to develop their understanding of autism and consider ways to support their child. It also provides the opportunity to meet other people in a similar position and hear about their experiences in an informal but supportive atmosphere.

When and where is Cygnet delivered?

Courses will be taking place all over Surrey at a range of times and locations. Some courses will be delivered online. When you complete the application form, tell us what you would prefer and we will contact you when a suitable course becomes available.

Who can attend cygnet sessions?

Parents, carers or other family members who have responsibility for your child. Your child needs to be between the ages of 5-18 and live in Surrey. They may have a diagnosis of autism, or be waiting for one.

What does Cygnet involve?

The **core** Cygnet programme is delivered over six two and a half to three-hour sessions which include:

- Introductory session
- An overview of autism with parent and carer experience
- Thinking & Sensory
- Social Interaction & Communication
- Understanding and supporting behaviour
- Analysing behaviour

Who will deliver my Cygnet course?

Surrey's Cygnet offer is coordinated through the Autism Outreach team, based at Freemantles school, but our team of trainers are made up from professionals working across Surrey in education, health and charity organisations.

How do I sign up?

Complete the application form and we will get in contact when a suitable course becomes available for you. You can download the form from

<https://www.autismoutreachforschools.uk/Cygnet-Parent-Programme/>

Can I ask some questions?

Email us on parenttraining@freemantles.surrey.sch.uk

Community

Beating asthma together

13th February 7.30-8pm



<https://events.teams.microsoft.com/event/abb4bb3b-ab3d-4b23-a331-e9447e561aa4@37c354b2-85b0-47f5-b222-07b48d774ee3>

Are you a parent or carer whose child has asthma or suspected asthma?

Join us on at this event to look at the challenges facing children and young people with asthma and how we can help overcome them.

Surrey heartlands children and young people's asthma team

Beating asthma together: Asthma triggers, the effects of smoking, vaping, housing and air pollution on asthma

10th March 7.30-8pm



<https://events.teams.microsoft.com/event/4d69dc58-004c-4124-879f-53f117c194c2@37c354b2-85b0-47f5-b222-07b48d774ee3>

Does your child or young person have asthma or suspected asthma?
Join us on this webinar which focusses on what action we can take to reduce their exposure to triggers that can make their asthma worse.

Surrey heartlands children and young people's asthma team

Happy
weekend!

